Ageing of population:
The prevention and intervention

Seyed kazem malakouti
Geropsychiatrist
challenges for ageing

Double burden

Economy of ageing

Providing care

Increase disabilities

Ethics & inequities

Feminization of ageing

WHO, active ageing: policy frame work, 2002
SOLUTIONS ?
PHC

Social change

Shifting disease pattern

Cost

Population change
New paradigm for ageing
WHO’S perspective for 2030

• *Healthy Ageing*, remain a resource to their families, communities and economies.
Healthy ageing is a short term but broader concept

WHO, active ageing: policy frame work, 2002
Early prevention

Health promotion and determinants of health

a) Nutrition
b) Physical activity
c) Healthy life style
d) Stress management
Early detection and treatment

1. Self management of health
2. Improving diagnosis
3. Developing new vaccines and drugs
4. Developing regenerative medicine
Thank you for your attention