



Charité Berlin World Health Summit

Curriculum Vitae | Mazda Adli

Dr. med. Mazda Adli

**Executive Director World Health Summit
at the Executive Board, Charité - Universitätsmedizin Berlin**

Senior Psychiatrist

**Director of the Mood Disorders Research Group, Department of
Psychiatry, Charité Campus Mitte**

Current Research Focus

Mazda Adli was born in Cologne/Germany in 1969. He did his medical studies at the Universities of Bonn/Germany, Vienna/Austria and Paris/France.

He started his medical and scientific career at the Department of Psychiatry and Psychotherapy of the Freie Universität Berlin in 1997.

Dr. Adli's clinical and research focus is in the field of mood disorders. In 2000 he became leading physician of the Berlin Lithium Clinic and held a P.I. position in the German Research Network on Depression funded by the Federal Ministry of Education and Research. In 2004 he was appointed Supervising Psychiatrist of the Department of Psychiatry and Psychotherapy at the Charité Campus Mitte.

Dr. Adli's research focus are treatment strategies in treatment-resistant depression. He performed the first study to evaluate treatment algorithms for inpatients with depression. Together with his research group he studies the pharmacogenetics and pharmacogenomics and mechanisms of action of lithium salts and pharmacogenetic predictors of antidepressive treatment. A further major field of research are modifiers of stress vulnerability particularly with regard to genetic variants within the hypothalamus pituitary adrenocortical (HPA) system.

Dr. Adli leads one of the major specialized outpatient clinics for patients with bipolar disorders which particularly focusses on the reserach of modifying factors of the long-term course of manic-depressive illness.

In 2008 Dr. Adli founded the Berlin Research Network on Depression, a network of ten psychiatric hospital departments in the Berlin region to promote and optimize conditions for clinical depression research.

Mazda Adli



Education and Career

- 1989-2006 University Medical Schools of Bonn/Germany, Vienna/Austria and Paris XI/France. Doctoral Thesis on "Non-invasive determination of cerebral language dominance – a study with event-related potentials" at the Department of Neurology, University of Vienna (Chair: Prof. Dr. Lüder Deecke)
- 1997-2002 Research Fellow & Resident Department of Psychiatry, Freie Universität Berlin (Chair: Prof. Dr. Hanfried Helmchen)
- 2001-2002 Vice Director of the Berlin Lithium Outpatient Clinic (Chair: Prof. Dr. Bruno Müller-Oerlinghausen)
- 2002-2003 Research Fellow & Resident Department of Psychiatry, Charité-Universitätsmedizin Berlin, Charité Campus Mitte (Chair: Prof. Dr. Andreas Heinz)
Vice Director Mood Disorders Research Group
- 2003-2004 Resident of the Department of Neurology, Charité Universitätsmedizin Berlin (Chair: Prof. Dr. Karl M. Einhäupl)
- 1999-2004 Director of the Berlin Center of the "German Research Network on Depression" (Kompetenznetz Depression) supported by the German Federal Ministry of Education and Research. Speaker: Prof. Dr. Ulrich Hegerl
Principal Investigator (German Algorithm Study of the „German Research Network on Depression“)
- Since 2003 Member of the Steering Committee Gene Data Bank (Subproject 5: Pharmacogenetics & Molecular Genetics. (PIs: Prof. Dr. Wolfgang Maier, Prof. Dr. Marcella Rietschel)
- Since 2004 Supervising Psychiatrist and Co-Director of the Mood Disorders Research Group,

- Department of Psychiatry and Psychotherapy, Charité – Universitätsmedizin Berlin, Campus Charité Mitte
- 2006 Visiting Scientist at the Department of Genomics, Life & Brain Center, University of Bonn (Chair: Prof. Dr. Markus Nöthen)
- Since 2007 Director of the Mood Disorders Research Group, Department of Psychiatry and Psychotherapy, Charité – Universitätsmedizin Berlin, Campus Charité Mitte
- Since 2008 Executive Secretary at the Executive Board of the Charité – Universitätsmedizin Berlin for the World Health Summit

Memberships

German Research Network on Depression (Kompetenznetz Depression), Steering Committee Genetics, German Research Network on Depression, International Group for the Study of Lithium Treated Patients (IGSLI), Deutsche Gesellschaft für Bipolare Störungen e.V. (German Society for Bipolar Disorders), Arbeitsgemeinschaft für Neuropsychopharmakologie und Pharmakopsychiatrie (AGNP) (German Society for Neuropsychopharmacology and Pharmacopsychiatry), Verband der Leitenden Krankenhausärzte Deutschlands (German Association of Leading Hospital Physicians)

Funding and Research Grants

German Federal Ministry of Education and Research (German Research Network on Depression): Grant No: 01 GI 0218

Diverse unrestricted industrial research grants

Major Organizational Activities & Initiatives Psychiatry and Psychotherapy

- 2007 Psychiatric Capital Symposium
- Since 2002 Charité Symposium on Bipolar Disorders, yearly
- Since 2002 Memberships in different expert boards
- Since 2007 Charité Symposium “Diagnostic and Treatment Alliance on Depression”, yearly
- 2002-2007 Director of Communications of the Department of Psychiatry and Psychotherapy, Charité-Universitätsmedizin Berlin, Campus Charité Mitte
- 2002-2008 Leader of the Residency Training Program

Science Organization & Initiatives Executive Board Charité – Universitätsmedizin Berlin

World Health Summit Charité Berlin, October 15-18, 2009 (President: Prof. Dr. Detlev Ganten)

M8 Alliance of Excellence (Charité-Universitätsmedizin Berlin/Germany, Université René Descartes Paris/France, Johns Hopkins University Baltimore/USA, Peking Union Medical College Beijing/China, Kyoto University Japan, Monash University Melbourne/Australia, Russian Academy of Medical Sciences, Interacademy Medical Panel IAMP)

